



University of  
**Reading**

**Women's**  
History Month



**Events Calendar**

Throughout March 2024

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# Development Opportunities

**UoR provide funding and mentoring for staff members to attend targeted development opportunities.**

If you're interested in any of our opportunities, please speak to a member of the Diversity and Inclusion Team or email [diversity@reading.ac.uk](mailto:diversity@reading.ac.uk)

- Springboard Women's Development Programme
- Aurora Women's Leadership Development Programme
- Diversifying Leadership



Staff

# Managing the menopause at work

## A guide for employees and their managers



In this **guide**, colleagues affected by menopause will be referred to collectively as women, although the guidance is intended to be inclusive and applicable to anyone experiencing the menopause and/or menopausal symptoms, including intersex, non-binary and transgender people.

We also recognise that people from different ethnic backgrounds and disabilities can experience different challenges and barriers. We have, therefore, sought views from colleagues in other EDI (equality, diversity and inclusion) staff networks to help shape this guidance.

This guidance is one tool that can create more positive outcomes for women who are experiencing symptoms that can impact on their working lives.



# Reading Students' Union

Check out the  
**Reading Students' Union Events**  
page for more details on what's on  
at Reading Students' Union during  
Women's History Month 2024



# Sex Discrimination Training

If you're treated unfairly because you're a man or a woman, this is sex discrimination. It applies to men and women of any age equally and so it includes girls and boys. Sex discrimination can also be referred to as sexism.

Once the session is complete, you will be aware that incidents of sex discrimination are often complex and emotional, particularly when they involve instances of sexual harassment and how individuals are protected by the Equality Act 2010.





Library Foyer  
18-27 March

**RETURN OF THE**

# Library Foyer Display Boards & Recommended Reading



During the month of March an exhibition from the Black History Month 2023 will be returning to the library foyer. Learn about inspiring Black women and recommended reads. If you can spare the time, pop into the library and check it out!



**05  
MAR**

Women's History Month 2024

WOMEN'S  
**SPRINGBOARD**  
Network

**13:30 – 15:00**

**Edith Morley 230 (Global Study Lounge)**

This event is running in-person only

**A masterclass, brought to you by external leadership coach  
Sarah Perugia and the Women's Springboard Network**

# INFLUENCE

◆ **with Power and Confidence**



Come and learn how to speak with confidence and passion when presenting to stakeholders.

Engaging and persuading people is key, and speaking in front of others can be unsettling and potentially nerves can hinder your professional development.

Sarah will introduce a number of body language and breathing tips to help manage nerves, and feel in control, as well as sharing positive-mindset exercises to grow your confidence.

These tools will help you build professional relationships with assurance, and confidently express your ideas and opinions, increase your impact and make the most of – or create – new career opportunities.

Please register here via this [link](#).

Staff



# Navigating Career and Personal Development in and beyond HE



11:00– 16:00

Sorby Room, Wager Building

We will explore diverse challenges and opportunities for career pathways and personal development in and beyond academia, with a focus on early careers. We are delighted to be hosting: Dr Luna Muñoz (Luna Leadership), Professor Vandana Desai (RHUL) and PhD alumni Dr Vevila Dornelles.

All are welcome but places are limited, so please book in-person attendance [here](#) or alternatively join via the Teams link via [here](#).

Staff

Students

Women's History Month 2024

06  
MAR

BAME+Allies Network  
& Women at Reading+Allies Network

# CAREERS CHAMPION SERIES

## Professor Joy Singarayer

We warmly welcome **Professor Joy Singarayer**.  
Leading researcher, Head of Department,  
change-maker, and ambassador for UoR –  
recipient of the organisation's 2022 Queen's  
Anniversary Prize alongside the Vice-Chancellor!

Listen to Joy's story, her research on  
Interactions: Climate, Environment, Human, as  
well as her commitment to Inclusivity: Culture,  
Environment, Equity, Opportunity.

[Click here for more on  
Joy's research.](#)

Free. All welcome.  
Accessible online.  
**Booking essential.**

13:00-14:00  
Palmer 105  
Whiteknights  
Campus



Staff

Students

Women's History Month 2024

07  
MAR

Community Engagement  
& Women's Staff Network

# EXTRAORDINARY STORIES FROM ORDINARY WOMEN

18:30-20:30pm  
London Road Campus,  
Building 22,  
Rooms G03 and G04

Come and meet five women who will bring extraordinary stories from their work in our community. Be ready to share a discussion of the untold but important tales of life for women in Reading today.

Light refreshments will be served. Details of the speakers will be shared with guests ahead of the event.

All welcome.  
Spaces are limited. **Sign up here.**

Public

Staff

Students

Women@Reading+Allies Network  
& United Nations

# The United Nations Observance of IWD

Under the theme "DigitALL: Innovation and technology for gender equality", the Observance recognizes and celebrates the women and girls who are championing the advancement of transformative technology and digital education. It will explore the impact of the digital gender gap on widening economic and social inequalities, and will also spotlight the importance of

protecting the rights of women and girls in digital spaces and addressing online and ICT-facilitated gender-based violence.

Women@Reading + Allies Network – host simultaneous networking/social event to mark IWD – give opportunity for members of Network and staff and students to come together on all campuses.



## International Women's Day #InspireInclusion

Another campaign running for IWD 2024 is the **#InspireInclusion** campaign to collectively forge a more inclusive world for women.

Women's History Month 2024

Women@Reading+Allies Network

12  
MAR



# Women's Health Café (in person)

**Library Café 12:00-13:30**

Come along to our open, respectful, confidential space for a discussion with colleagues, with no pre-set agenda. Everyone is welcome!

Staff

Students

Women's History Month 2024

13  
MAR

Women@Reading+Allies Network  
& D&I & Events Team

**Annual Edith Morley Lecture 2024**

**18:30 – 20:00 (hybrid)**

Van Emden Lecture Theatre, Edith Morley  
Building, Whiteknights campus and online

# DigitALL: Innovation, technology & gender equality

WITH  
**DR RHIAN TAYLOR**

Join me for a conversation about my journey through gender equality in IT from education, academia to industry. I'll share the ups and downs of my personal story, overcoming challenges and celebrating victories in the tech world. Join us as we envision a future where diversity and inclusivity thrive, breaking barriers for women in information technology. This lecture is dedicated to the late Eleanor Draycott.

All welcome, booking is essential.  
**Sign up today.**

Public

Staff

Students

For more  
information, contact  
[events@reading.ac.uk](mailto:events@reading.ac.uk)



Women's History Month 2024

13  
MAR

Women@Reading+Allies Network



# Women's Health Café (online)

12:30 – 13:30

Join our open, respectful, confidential space from where you are for a discussion with colleagues, with no pre-set agenda. Everyone is welcome!

Click here for  
**Meeting Link**

Staff

Students

Reading Gaming & eSport Society  
& Events Team

# PLAY, PAUSE, EMPOWER

Room 127, Edith Morley Building  
18:30-20:00 & 20:00-21:30

Get ready for an epic fusion of fun and empowerment! The Gaming and eSports Society is organising a gaming night in celebration of Women's History Month! We invite students to join us for an evening of playing games, socialising, and connecting with one another on both the Wii and Nintendo Switches.

**Game  
changers  
Unite -  
Join the Uni  
Gaming Night**

## Bring Your A-Game!

Feel free to bring along your Nintendo Switches to elevate the experience and challenge your friends to epic showdowns!

All students and staff are welcome, but reservations are a must! Don't miss out on this free but exclusive gaming experience! Secure your spot by signing up today. Click [here](#) to reserve your place.

For more details, contact:  
[events@reading.ac.uk](mailto:events@reading.ac.uk)

Staff

Students





Women's History Month 2024

20  
MAR

Women@Reading+Allies Network &  
History Department



VOTE

# Votes for Women: Where do women sit in politics today?

13:00-14:00  
101 Carrington

To celebrate Women's History Month, the Women's Staff Network is hosting a lively and enlightening talk with Dr Jacqui Turner, Associate Professor of Modern British Political History, on women's position in British politics both past and present and discussing why women should, and need, to vote in the next election.

Dr. Turner was a senior partner with the UK Parliament's Vote100 project which celebrated the 1918 centenary of some women being granted the right to vote. She was the national curator of Astor100, the centenary celebration of the first women to enter parliament. She is an acknowledged expert on Nancy Astor, the first woman to take her seat in in the House of Commons, whose extensive papers are held here at the University of Reading.

Book now via **UoR Learn**

Staff

## **Women's History Month Events Calendar**

**i** For more information, please contact:

**Events Office**

**[events@reading.ac.uk](mailto:events@reading.ac.uk)**

**Tel (0118) 378 6718**

**[reading.ac.uk/events](https://reading.ac.uk/events)**